

Free Class

Diet for Health

Reducing Inflammation

- *Learn how to reduce symptoms of hyperacidity and gastroesophageal reflux.*
- *How to deal with the symptoms of Interstitial Cystitis.*
- *How to deal with symptoms of prostatitis.*



Facilitated by:

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Visit our web site at www.nwcwb.com

Tuesday

June 15, 2004

5:30 P.M. — 6:30 P.M.

Location: MultiCare Campus

Call for specific location 253.272.4013

Awareness Series
