

Awareness Series

Addiction and Desire Nature

Free Class

- **Understand why addictions are difficult to resolve**
- **Learn how to change habitual behavior with awareness**
- **Understand the source of all desires**

Facilitated by:

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Monday

August 18, 2003

5:30 P.M. — 7:00 P.M.

Location: MultiCare Campus

Call for specific location (253) 272-4013