

# *A w a r e n e s s   S e r i e s*

## *U n d e r s t a n d i n g   t h e* *S h a d o w   S e l f*



***Tuesday***

***December 11, 2001***

***6:00 P.M. — 7:00 P.M.***

***Location: MultiCare Campus***

***Call for specific location (253) 272-4013***

Facilitated by:

**William Dean, M.D.**

314 Martin L. King Jr. Way, Suite 103  
Tacoma, WA 98405  
(253) 272-4013  
dean@nwrain.com

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- *What is the shadow self?*
- *How is it valuable for knowing myself?*
- *How can it help promote self love?*