

Awareness Series

Addictive and Compulsive Behaviors

Free Class

- Understand why addictions are difficult to resolve
- Learn how to change habitual behavior with awareness
- Understand the source of all desires

Facilitated by:

William Dean, M.D.

314 Martin L. King Jr. Way, Suite 103
Tacoma, WA 98405
(253) 272-4013
dean@nwrain.com

Visit our web site at www.nwcwb.com

Thursday

November 14, 2002

5:30 P.M. — 7:00 P.M.

Location: MultiCare Campus

Call for specific location (253) 272-4013